

Vegetarian Friendly Dining

<u>Name</u>	<u>Address</u>	<u>Zip Code</u>	<u>Phone</u>
Bhojan Restaurant	6855 Southwest Fwy	77074	713.777.6900
Bombay Sweets Vegetarian	5827 Hillcroft	77036	713.780.4453
Cricket's Creamery & Café	315 W 19th St	77008	713.869.9450
Duy Sandwiches	6791 Wilcrest Dr	77072	281.498.2880
Field of Green's	2320 W Alabama	77098	713.533.0029
Loving Hut	2825 S Kirkwood Dr #100	77082	281.531.8882
Mango's Café	403 Westheimer	77006	713.522.8903
May's Ice Cream	9250 Bellaire Blvd	77036	713.270.5178
Pepper Tree Veggie Cuisine	3821 Richmond Ave	77027	713.621.9488
Pine Forest Garden Vegetarian	9108 Bellaire Blvd	77036	713.772.2888
Quan Yin Vegetarian Restaurant	10804 Bellaire Blvd	77072	281.498.7890
San San Tofu	6445 Wilcrest Dr	77072	281.988.5666
Shiv Sagar Restaurant	6662 Southwest Fwy	77074	713.977.0150
Shri Balaji Bhavan	5655 Hillcroft	77036	713.783.1126
The Vegan Café	3815 Live Oak	77004	832.891.0507
Udipi Café	5959 Hillcroft	77036	713.334.5555
Veggie Wonderland	8800 W Sam Houston Pkwy	77099	281.564.3222
Viet Tien Tofu	11210 Bellaire Blvd	77072	281.933.9199

Asian Supermarkets

<u>Name</u>	<u>Address</u>	<u>Zip Code</u>	<u>Phone</u>
Asian International Market	10800 Bellaire Blvd	77072	281.530.0888
Cho Saigon Oriental Grocery	16203 Westheimer #106	77082	281.293.8181
Dun Huang Supermarket	9889 Bellaire Blvd	77036	713.777.8828
Dynasty Supermarket	9600 Bellaire Blvd #102	77036	713.995.4088
Golden Foods Supermarket	9896 Bellaire Blvd	77036	713.772.7882
H Mart	1302 Blalock	77055	713.468.0606
Hong Kong Food Market	11205 Bellaire Blvd	77072	281.575.7886
Le Lai Supermarket	12002 Veterans Memorial	77067	281.893.5995
My Hoa Food Market	13201 Bellaire Blvd	77083	281.498.6699
Nippan Daido Japanese Market	11146 Westheimer	77042	713.785.0815
Pinoy Grocery	811 S Mason Rd Suite 116	77450	281.829.9798
Ranch Market	1005 Blalock	77055	713.932.8899
San San Tofu	6445 Wilcrest Dr	77072	281.988.5666
Viet Hoa International Foods	8300 West Sam Houston Pkwy	77072	281.498.7898
Wel-Farm Supermarket	4635 Hwy 6 South	77478	281.494.8868
Welcome Food Center	9180 Bellaire Blvd	77036	713.270.7789

Houston Farmer's Markets

Bayou City Farmers Market

Location: 3000 Richmond

Days of Operation: Saturday; 8 a.m. to noon

Website: www.urbanharvest.org

Central City Co-op's Green Market

Location: 1500 McKinney (Discovery Park on the Crawford Street Promenade)

Days of operation: Sunday; noon - 4 p.m.

Website: www.centralcityco-op.org/discoverygreen.html

Houston Farmers Market

University Blvd. & Greenbriar (Rice University, Entrance 9)

Days of operation: Tuesday; 4 p.m. - 7 p.m.

3106 White Oak (at Onion Creek)

Days of operation: Saturday; 8 a.m. - noon

Website: www.houstonfarmersmarket.org

Midtown Farmers Market

Location: 3701 Travis St. (at T'Affia)

Days of Operation: Saturday; 8 a.m. to noon

Website: www.tafia.com

Wabash's Urban Pickin's Farmers Market

Location: 5701 Washington in Wabash Antique and Feed Store parking lot

Days of Operation: First and Third Sunday of every month; 11am-3pm

Website: www.wabashfeed.com/events

The Farmers Market at La Centerra

Location: 23501 Cinco Ranch Blvd.; Katy, Texas

Days of Operation: Saturday; 8am-12pm

Website: www.farmersmarketatlacenterra.com

Farmer's Market in The Woodlands

Days of Operation: Saturday 8am-12pm. Spring Season is from 3/21/09 to 7/11/09.

Website: http://www.grogansmillvillage.com/gm_gmshopping_farmersmarket.htm

These markets may be only operating during seasonal periods so contact beforehand.

Recycling & Donation Centers

Tzu Chi Foundation

6200 Corporate Dr., Houston, TX 77036

713-981-8966

<http://texas.us.tzuchi.org/>

Tzu Chi Foundation offers a very extensive recycling program including:

Aluminum Cans, Batteries, Cardboard, Paper, Glass and Plastic containers.

Tzu Chi also accepts donations of clothing and small household items for monthly benefit sale.

Please contact if you need more information about the items accepted.

This center is a gated entrance, so you must drop off items during regular operating hours.

Second Blessing

3100 Rogerdale Rd, Houston, TX 77042

(713) 780-2727

<http://www.whamministries.org/>

Second Blessing will accept donations of books, clothing, and various household items etc.

City Of Houston- Recycling Center

5900 Westpark, Houston, TX 77057

<http://www.houstontx.gov/solidwaste/recycling.html#scrap>

Monday through Saturday 8 a.m. - 5 p.m.

The center accepts #1 - 5 and #7 plastics (not toys, packing materials, flower pots, styrofoam, plastic bags, or plastic furniture), aluminum and tin cans, B.O.P.A. cardboard, computers and other residential electronic scraps, glass bottles and jars, magazines, newspapers, office paper, oil filters, telephone books, used motor oil, used tires.